



Instructional Soccer Programs for Spring and Summer!!



Futures Academy

Players (boys and girls) ages 6-11 years old are invited to participate!

The youth development program (Futures Academy) is intended to act as a bridge between the recreational and travel (select) programs. The Futures Academy helps the players learn and develop the proper technique in all aspects of soccer. Part of the program will concentrate on technical development and ball control. The second part of the academy will center around how to make tactical decisions as they experience small-sided play. The Academy is a fun-filled, hands on learning environment geared towards teaching the game of soccer to everyone involved. It is excellent for beginners and also those who aspire to take their game to the next level. The Futures Academy will be a two (2) day-a-week program including a day only for matches.

Spring Season:

Spring Futures Academy: **(\$100)**
March 19 - May 16 - Dates/Times on Back
PRACTICE DAYS/dates **(Thursdays)**
GAME DAYS/dates **(Saturdays)**

Location:

Practices are held at Warhill Sports Complex.
Games are held at Queens Lake Middle School

**MY CHILD NEEDS A PROGRAM THAT'S
MORE ADVANCED OR MORE CHALLENGING!!!!**

Contact Bobby O'Brien or Tim Cristian at 253-VLSC (8572)
and ask about our "**Futures Select**" Program



Summer Soccer Camps



Players (boys and girls) ages 5-14 years old are invited to participate!

These JCC and Virginia Legacy Soccer Camps are appropriate for all beginners, developmental recreational players. We organize our camps so that boys and girls will be placed in groups based on age, but more importantly ability, to ensure the best environment available. Our camps are designed to create the foundation for the children's participation in soccer for many more years to come by introducing FUN activities that allows your child to learn to play and play to learn! All participants to the camp will receive a Nike Legacy Soccer Schools shirt and one (1) free ticket to an upcoming Legacy PDL game. Camps will be held at the James City/Williamsburg Community Center, 5301 Longhill Road. A portion of each day will be spent inside playing games and indoor soccer and swimming in the pool.

DATES / TYPICAL DAILY SCHEDULE and REGISTRATION INFORMATION ARE ON THE BACK!!!



2009 Futures Spring Schedule



COST- \$100.00

PRACTICE DATES: March 19, 26, April 2, 16, 23, 30, May 7

GAME DATES - March 21,28, April 4, 18, 25, May 2, 9

OPTION 1

Thurs: 5:30-6:30pm

OPTION 2

Thurs: 6:30-7:30pm

Practice rainout make-up is May 14th

GAME TIMES —9am or 10am

Game rainout make-up date is May 16th

Location: Practices are held at Warhill Sports Complex and Games are held at Queens Lake Middle

Two ways to Register For Futures and/or Camps!

- 1: You can register and make payment online at www.valegacysoccer.com.
- 2: Complete the registration below and send to Virginia Legacy Soccer Club along with the pay-



2009 Summer Soccer Camps

Typical Full Day Schedule:

- 9:00 – 9:30 – Camp Meeting/ Warm-up
- 9:30 – 10:45 – Soccer Specific Instruction
- 10:45 – 11:00 – Snack Time
- 11:00 – 12:00 – Soccer Games
- 12:00 – 1:00 – Lunch
- 1:00 – 2:45 – Swimming Pool/ Movies
- 2:45 – 3:45 – Indoor Soccer
- 3:45 – 5:00 – Soccer scrimmages

DATES:

Full Day (9am - 5pm) - \$140.00 **Half Day (9am – 12pm)-\$70.00**

July 13th – 17th (Monday-Friday)

June 22nd – 25th (Monday – Thursday)

July 27th – 31st (Monday-Friday)

Location: CAMPS ARE HELD AT Community Center on Longhill Road

Detach registration and send to Virginia Legacy Soccer Club: 5700 Warhill Trail, Williamsburg, VA 23188 Phone 757-253-VLSC(8572)

VIRGINIA LEGACY SOCCER CLUB—FUTURES ACADEMY

- SPRING SEASON:**
- Thursdays 5:30pm-6:30pm (@Warhill) and Saturdays 9:00am-11:00am (@Queens Lake Middle)
 - Thursdays 6:30pm-7:30pm (@Warhill) and Saturdays 9:00am-11:00am (@Queens Lake Middle)

JCC Parks and Recreation & VIRGINIA LEGACY SOCCER CLUB—SUMMER SOCCER CAMP

- Camp : Full Day \$140.00**
- July 13th-17th (9am-5pm / Mon-Fri) - Held at JCWCC—Longhill Road
 - July 27th-31st (9am-5pm / Mon-Fri) - Held at JCWCC—Longhill Road
- Half Day \$70.00**
- June 22nd-25th (9am-12pm / Mon-Thur) - Held at JCWCC—Longhill Road

Player's Name _____ Male _____ Female _____ Date of Birth _____

Address _____ City _____ Zip _____ Home Phone _____

Parent Names _____ Work Phone (Dad) _____ Work Phone (Mom) _____

Cell Phone _____ Email Address: _____ T-Shirt Size: YS YM YL YXL AS

School _____

MEDICAL RELEASE: - Emergency Contact other than parent or guardian:

Name _____ Relationship _____ Phone _____

Family Physician _____ Phone _____ Insurance/ Policy # _____

Please list any medical history which would aid in an emergency, allergies to medications, other:

The player has been granted permission to attend and participate in Virginia Legacy Futures Academy and/or JCC Parks and Recreation/ VLSC Summer Camp. In exchange for the privilege of the player participating in this program, I, the undersigned, agree to indemnify and hold harmless James City County and/or VA Legacy, its employees and agents from and against any, and all, liability from which may be suffered by myself or my child as a result of, or in any way connected with participation in the class/activity/trip. I understand Parks and Recreation participants may be photographed for promotional purposes. I, the undersigned, give my consent, in case of injury, to have a coach, athletic trainer, medical doctor, nurse, hospital or clinic provide the player with medical assistance and/or treatment, and agree to be financially responsible for the reasonable costs of such assistance and/or treatment.

Signature: _____ Relationship _____ Date: _____

Office Use Only