

## James City County Parks and Recreation October 2009 Events, Classes & Activities

### Special/Family Events

#### **Harvest Festival** featuring the Haunted Forest and Scarecrow Stuffing!

Saturday, October 17, 2-8pm, \$3/car parking fee

Scarecrow Stuffing, 2-6pm, \$17/scarecrow, #41084-A, first come, first served while supplies last!

Haunted Forest, 6-8pm

Chickahominy Riverfront Park

Come to the Harvest Festival for live music, DJ and entertainment, rides, art and craft vendors, a Farmer's Market, fall food favorites and more! Begin the afternoon by making the biggest, the best, and maybe the only scarecrow in your neighborhood. Stuff 'em, paint 'em, name 'em, and take 'em home! Make this a family activity and create a scarecrow together. Stay for the Haunted Forest if you dare to venture out after dark and experience the journey for the fun, for the fright, for the things that go bump in the night! Children 6 and younger, along with their parents, will especially enjoy Goblinville with its moonwalks and a pumpkin patch hayride traveling through a maze of pumpkin faces and Nursery Rhyme Characters. In the Fall Fest Family Area you'll also enjoy the costume contest, pumpkin bowling, arts and crafts and games. Don't forget your camera! Info: [www.jccEgov.com/recreation](http://www.jccEgov.com/recreation) or 259-3200.

#### **Club Rec "Rock"toberfest** (for teens only, grades 6-9)

Friday, October 23, 8:30-11pm, \$2/student

Williamsburg Indoor Sports Complex

Food, music, friends, spooky activities and fall fun all wrapped up in one night to remember! You and your friends will have fun on the dance floor, in the Great Ghost-capade trying to be the first to find the ghost, acting silly on the "scare"aoke stage, or pretending you're not terrified by the haunted storyteller. This is the place to be. School ID and appropriate clothing required. Info: [www.jccEgov.com/recreation](http://www.jccEgov.com/recreation) or 259-5353.

#### **Orienteering/Day Hike** (all ages)

Saturday, October 24, 1-4 pm

\$20; \$15 for JC/W residents

Freedom Park

Ever wonder what it takes to survive in the wild? Come join us and learn how to find your way in and out of the woods plus learn about camping survival techniques. Put it



all into practice as we hike a beautiful trail. #81052-A.  
Info: [www.jccEgov.com/recreation](http://www.jccEgov.com/recreation) or 259-3200.

### **The Great Park Pursuit** (all ages)

\$15; \$10 for JC/W residents

Come discover your County parks by participating in the **Great Park Pursuit**, a self-guided tour where you'll be challenged to visit at least County nine parks before September 2010. The registration fee includes a T-shirt, activity log and water bottle. Quarterly drawings include an annual drawing with prize packages featuring outdoor sporting goods and equipment. Visit the James City/Williamsburg Community Center, the James River Community Center or Satellite Services for more information and an activity log. #80951-B. Info: [www.jccEgov.com/recreation](http://www.jccEgov.com/recreation) or 259-3200.

## **Preschool**

### **Children's Creative Dance** (ages 3-5)

Thursday, October 22 – November 19, 1-2pm

\$30; \$25 for JC/W residents

James City/Williamsburg Community Center

Children will be introduced to the field of dance through movement, rhythm and simple routines. Students should wear appropriate dance attire - tights, leotard and ballet slippers. Min.5, max. 12 students. #31050-A.

Info: [www.jccEgov.com/recreation](http://www.jccEgov.com/recreation) or 259-3200.

## **Youth**

### **Rec Connect – Before/After School Programs**

Registration forms, program information and fees are available for download at [www.jccEgov.com/recreation](http://www.jccEgov.com/recreation) or call the Rec Connect Info Line at 259-3170. The program runs through the last day of class for Williamsburg-James City County public schools. The Before/After program is offered at all elementary schools, Monday-Friday, 7am until school starts and from school dismissal until 6pm. An After-School program only is offered at Berkeley and Toano Middle Schools. James Blair students are transported to Berkeley. \$30 initial registration fee for James City/Williamsburg residents. Discounts of 15-75% are available to any qualified resident based on total income. For more information on financial aid, please call 259-5416.

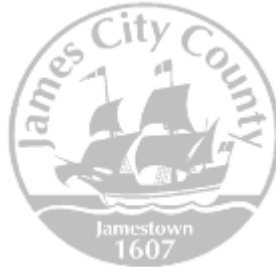
### **English Country Dancing for Children** (ages 6-18)

Thursday, October 22 – November 19, 2-3pm

\$30; \$25 for JC/W residents

James City/Williamsburg Community Center

If you love the Colonial and Regency lifestyle, then this is the class for you! Students



will learn the basic steps, patterns and routines of social line dancing, while listening to period music and having fun at the same time! Students should wear long skirts/dress pants. Min. 5, max. 25 students. #31051-A.

Info: [www.jccEgov.com/recreation](http://www.jccEgov.com/recreation) or 259-3200.

### **U Can Play, Too – Piano Lessons** (ages 7-12)

Ages 7-9:

Thursday, October 29 – November 19, 5-6pm, #21014-A

Saturday, October 31 – November 21, 9-10am, #21014-B

Ages 10-12:

Thursday, October 29 – November 19, 6:15-7:15pm, #21014-C

Saturday, October 31 – November 21, 10:15-11:15am, #21014-D

\$55; \$50/session for JC/W residents

Piano and Organ Outlet, 6316 Richmond Road, Lightfoot

Explore and play while learning the Alfred method on digital pianos. Your child will have a blast exploring their natural abilities at their own pace. Both child and parent find it truly rewarding when a child reaches a goal or milestone such as learning a new song, performing in front of others or just finding enjoyment in music.

Info: [www.jccEgov.com/recreation](http://www.jccEgov.com/recreation) or 259-3200.

## **Teens**

### **Campus Tour Series** (grades 9-12)

Saturday, October 24, 9am-2pm

\$20; \$15 for JC/W residents

James River Community Center

Join us for part four, a visit to Old Dominion University. We'll travel to historic Norfolk to see this 188-acre campus that stretches from the Elizabeth to the Lafayette River.

Explore academic buildings and other student facilities while discovering the uniqueness of the university. Wear comfortable clothes and walking shoes. Fee includes transportation and lunch. #61003-A.

Info: [www.jccEgov.com/recreation](http://www.jccEgov.com/recreation) or 259-3200.

## **Inclusion/Specialized Therapeutic Recreation**

### **Buddy Art** (ages 6 and older with special needs)

Saturdays, October 3, October 17 & October 31, 3-4pm, FREE!

James City/Williamsburg Community Center

Offered in partnership with *This Century Art Gallery*, this multimedia workshop provides participants with one-on-one Buddies. The Buddies, volunteers from the College of William & Mary's Sharpe Community Scholars Program, provide individualized attention and assistance. Additional sessions are scheduled in November. For more information



and to register, contact Karen Schwartz at 565-2795 or at [karenschwartzart@cox.net](mailto:karenschwartzart@cox.net). To learn more visit: [www.thiscenturyartgallery.org/BuddyArt/Buddy\\_Art.htm](http://www.thiscenturyartgallery.org/BuddyArt/Buddy_Art.htm).

**Teensational Socials** (ages 12-22 with physical, emotional or cognitive disabilities)

Saturday, October 24, 1-3pm

\$20; \$15 for JC/W residents

The socials are an opportunity for youth to practice social skills, meet new people, learn new skills and have a great time! Sessions held monthly. Each session includes a craft, new activity and a snack. Trained and experienced staff will work on communication, teamwork and socialization. Space is limited, so register now! #91070-A.

Info: 259-5454.

### Sports and Athletics

**All Girls Soccer Clinic** (ages 6-15)

Friday, October 16, 5:30-6:30pm

\$10; \$5 for JC/W residents

Warhill Sports Complex

Grab your friends and join us for our first ever all-girls soccer clinic. Learn proper techniques for skills such as dribbling, passing, kicking and defense. All skill levels welcome. #51090-A. Info: 259-5355.

**Tot Shots** (ages 3-5)

Saturday, October 17 – November 7, 11:30am-12:15pm, #51004-A

Saturday, October 17 – November 7, 12:30-1:15pm, #51004-B

\$30; \$25/session for JC/W residents

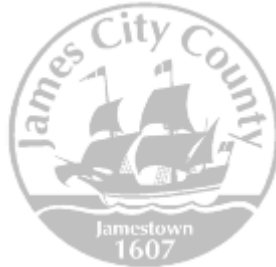
James City/Williamsburg Community Center

Time to lace-up your basketball shoes and play some round ball! Come learn the basic skills of basketball through games, drills and relays in a class designed to introduce children to the sport in a fun atmosphere.

Info: [www.jccEgov.com/recreation](http://www.jccEgov.com/recreation) or 259-3200.

**Website for County Sports Leagues**

Need detailed information on JCC Sports and Athletic events and activities? Check out the Parks and Recreation's new web site at [www.jccEgov.com/recreation](http://www.jccEgov.com/recreation) under "Recreation Links." The site provides information on league teams and rosters, schedules, game results as well as coaches' information, all sports registration forms and policies and procedures. The site was created as a one-stop shop, time-saving resource for league participants. For more information, call the Sports and Athletic Coordinator at 259-5355.



## Adult Arts

### **Jewelry-Making Classes** (ages 16+)

\$20; \$15/session for JC/W residents

James City/Williamsburg Community Center

You'll learn the tips and tricks of design while you craft your very own beaded jewelry. Quality beads, pearls, clasps and materials provided. Leave with a finished piece the same day of class. Participants can sign up for a variety of classes on the following topics of beaded necklaces, beaded bracelets, making earrings, charm bracelets, repair and recycling of jewelry, and making a rosary. Depending on class, there is also a \$10-\$20 materials fee due the instructor. Info: [www.jccEgov.com/recreation](http://www.jccEgov.com/recreation) or 259-3200.

### **Bellydance II** (ages 13+)

Monday, October 12 – November 2, 7-8pm

\$40; \$35 for JC/W residents

Join us as we learn to sequentially move through muscle groups to create the movements that are so popular in bellydance. No previous dance experience is required. Min.5, max.15. #31054-A. Info: [www.jccEgov.com/recreation](http://www.jccEgov.com/recreation) or 259-3200.

### **Swing Dancing – Level 1** (ages 13+)

Wednesday, October 14 – November 4, 7-8pm

\$30; \$25 for JC/W residents

James City/Williamsburg Community Center

Learn the basics of Swing Dancing, with easy-to-do turns. Elements of Lindy Hop and Charleston will be introduced. Partners encouraged, but not necessary. Min. 5, max.12 students. #31052-A. Info: [www.jccEgov.com/recreation](http://www.jccEgov.com/recreation) or 259-3200.

### **Swing Dancing – Level 2** (ages 13+)(Prerequisite: Swing Dancing Level 1)

Wednesday, October 14 – November 4, 8-9pm

\$30; \$25 for JC/W residents

James City/Williamsburg Community Center

We'll review Level 1, then add on exciting new combinations and the basics of closed-position. Learn the steps to different tempos of music. Transitions into Charleston and Lindy Hop will be introduced. Min. 5, max.12. #31052-B.

Info: [www.jccEgov.com/recreation](http://www.jccEgov.com/recreation) or 259-3200.

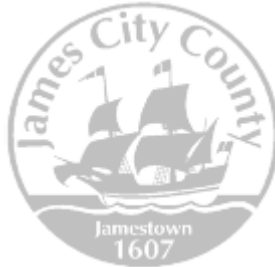
### **Photography 101** (ages 17+)

Tuesday, October 27 – December 8\*, 2-4pm

\$65; \$60 for JC/W residents

James City/Williamsburg Community Center

Class topics will include focus, composition, lighting, portraits, nature, travel, products,



real estate, and night photography. Each student will be given assignments to be reviewed and critiqued in the next class. You'll see improvements right away! Bring your camera, owner's manual, charged batteries and memory card to every class. \*No class 11/24. #21006-A. Info: [www.jccgov.com/recreation](http://www.jccgov.com/recreation) or 259-3200.

## Adult Special Interests

### **Gait Analysis**

Tuesday, October 13, 3-6pm, FREE

James City/Williamsburg Community Center

Learn why your knee, your back or your hip hurts. You may even catch injuries BEFORE they happen! Sign up for the FREE gait analysis and digital foot scans offered by Performance Chiropractic. For information, visit [www.performancechiropractic.com](http://www.performancechiropractic.com). Registration requires appointment time, please contact Debbie Post at 259-5372 or [dpost@james-city.va.us](mailto:dpost@james-city.va.us).

### **Runner's Clinic**

Tuesday, October 20, 12:30pm, FREE

James City/Williamsburg Community Center

Learn how to get the most out of your running experience, maximizing your enjoyment, health, and (if you're interested) time goals. Whether you're just getting started, or preparing for a 5K, Performance Chiropractic can help! For information, visit [www.performancechiropractic.com](http://www.performancechiropractic.com) or call Debbie Post at 259-5372. #31026-A.

### **R.A.D. Basic Physical Defense**

Tuesday/Thursday, October 20, 22, 27 & 29, 6:30-8:30pm

Saturday, October 31, 9am – 1pm, FREE

James City/Williamsburg Community Center

Could you effectively defend yourself if attacked? The R.A.D. system is a program of realistic, self-defense tactics & techniques. A comprehensive course for women that begins with awareness, prevention, risk reduction and avoidance, while progressing to the basics of hands-on defense training. This is not a martial arts program. Each 12-hour course includes a manual, hands-on training, and instruction by R.A.D. certified JCC Police Officers. Max 12. Must be able to attend all 5 sessions. #31021-A. Info: [www.jccgov.com/recreation](http://www.jccgov.com/recreation) or 259-3200.

## Aquatics

### **Learn To Swim Programs**

Open registration will be held October 26 – November 15. After you have successfully passed a class, you can register for the next level during this two-week open registration period. If you're unsure of your or your child's swimming needs or level,



FREE swim evaluations will be held at the JCWCC, 4:30-6:30pm, on Tuesday, November 3 and Wednesday, November 11. 259-4185.

## Fitness

**Adult Group Fitness Classes** (ages 13+). Get in shape or stay in shape with a wide variety of land-and-water-based classes. Over 140 classes offered! Professional instruction! Access requires either a combo pass or wristband. Class schedules and fees are posted online at [www.jccEgov.com/recreation](http://www.jccEgov.com/recreation) and at the James City/Williamsburg Community Center Front Desk. 259-3200.

**TO REGISTER:** *Online at [www.jccEgov.com/recreation](http://www.jccEgov.com/recreation) or visit the James City/Williamsburg Community Center (JCWCC), 5301 Longhill Road, the James River Community Center (JRCC), 8901 Pocahontas Trail/Rt. 60 or the Satellite Services Office, 3127 Forge Road in Toano. By phone, call the number listed to the entry or 887-5810, M-F, 2-8pm and on weekends, 1-6pm.*

#