



Inclusion & Therapeutic Recreation Services

INCLUSION is an award-winning service that provides accommodations to persons with disabilities for participation in recreation programs, facilities and leisure activities offered to the community. Inclusion also includes community/staff trainings, disability awareness programs, and accessibility of park trails and recreational facilities. Citizens with disabilities are encouraged to recreate with their peers by taking any class listed in this brochure. For more information or to request an accommodation, call 259-5354.

Essential Eligibility Requirements

The basic eligibility requirements for all programs, camps, classes, and events are listed below. In addition to the requirements, there may be specific requirements for each program, camp, or class. Please call Inclusion Services if you have questions.

1. Capacity

The capacity for each program is based on ratio and logistics. If the maximum enrollment for a program has been met, a participant may be unable to enroll or placed on a wait list.

2. Charges and Fees

Payment is due upon registration. Payments must be received before admission into any program.

3. Conduct

All participants are required to follow the rules of conduct in the James City County Behavior Policy.



Requesting an Accommodation

To make a request, check the Accommodation Request Box on the registration form or call 259-5354. An Inclusion Services staff member will contact the participant or guardian to complete an assessment (Inclusion Profile) to determine the most reasonable accommodations. To ensure accommodations are met, a three-week notice is requested before program begins.

Accessible Equipment

- The JCWCC's fitness area is equipped with special adaptive equipment for those who use wheelchairs, lack mobility or require physical therapy. This equipment was purchased with a grant from the Peninsula Disability Services Board.
- For swimmers who use wheelchairs, aquatic chairs are available at the JCWCC in the aquatic area.
- Kidsburg (located at Mid County Park) has an adaptive swing for children with disabilities.
- Also visit "My Place," the new inclusive playground adjacent to the JCWCC.

Americans with Disabilities Act Statement of Compliance

JCC Parks and Recreation welcomes individuals with disabilities to participate in all recreation programs and activities and does not discriminate based on disability. Reasonable accommodations will be made to enable an individual's participation in a program as long as they meet the essential eligibility requirements. If you feel we're not in compliance with ADA requirements, please contact the ADA Compliance Coordinator, Doug Powell at dpowell@james-city.va.us or call 253-6604.

Inclusion Companion Program



Calling all retired teachers, special education aides, therapeutic recreation students, high school students and all others interested in volunteering your time to assist persons with disabilities.

If interested, call the Volunteer Coordinator at 259-5403 or e-mail vasprigg@james-city.va.us.

Days of Discovery Camp

(ages 5-21)

Norge Elementary School

June 28 - August 10

M-Th, noon-4:30pm

(after summer school dismissal)

registration deadline: June 3



This exciting summer camp experience provides fun, structured activities for participants with a disability. Sessions include arts and crafts, swimming, outdoor play, gym games, and community outings to enhance socialization and leisure skills. Parents are responsible for daily pick-up of your child. A typical camper:

- has a mild to moderate disability
- can independently, or with verbal cues, feed, bathe and toilet
- is able to function successfully within a 1:3 staff to camper ratio
- able to adjust to changes in routine/environment with relative ease
- has the ability to effectively communicate needs to a counselor

Week 1: Slipping and Sliding

T-Th 6/28-6/30 \$50/\$45* 906790-A
*prorated as summer school begins

Week 2: Fun in the Sun

T-Th 7/5-7/7 \$50/\$45* 906790-B
*prorated due to July 4 Holiday

Week 3: Beach Bash

M-Th 7/11-7/14 \$65/\$60 906790-C

Week 4: The Great Outdoors

M-Th 7/18-7/21 \$65/\$60 906790-D

Week 5: Movin' and Groovin'

M-Th 7/25-7/28 \$65/\$60 906790-E

Week 6: Camping Trip

M-Th 8/1-8/4 \$65/\$60 906790-F

Week 7: Pool Party

M-W 8/8-8/10 \$50/\$45* 906790-G
*prorated as camp ends

Registration: Forms will be available on May 2 at JCWCC, JRCC and Satellite Services. All registration information must be completed and mailed by June 3 to guarantee placement for the first week of camp. Mail to:

**JCC Parks and Recreation
Days of Discovery
5300 Palmer Lane, Suite 1A
Williamsburg, Virginia 23188**

For more information, call 259-5354.

Buddy Art FREE!

(youth ages 7+ with special needs and/or physical disabilities)

A variety of art activities are offered based on the ages, ability levels, and interests. Each class has activity stations and a special project based on the week's theme. Children are assigned a volunteer "Buddy" to work with them one-on-one. For more information, visit thiscenturyartgallery.org/BuddyArt or contact karenschwartzart@cox.net or (757) 565-2795. Sponsored by This Century Art Gallery in partnership with volunteers from William and Mary and JCC Parks and Recreation. JCWCC

Sat 9/10, 9/17, 10/1, 10/15, 209090-A
10/29, 11/5 and 11/12

Achilles International Track Club

This club assists those with all types of disabilities to participate in mainstream athletics. For information, contact Ann DeGruy Scanlon at (757) 589-1772 or achilleswilliamsburg@yahoo.com.