

VIRGINIA COOPERATIVE  
EXTENSION  
JAMES CITY COUNTY  
OFFICE

INSIDE  
THIS ISSUE:

National Youth 2  
Service Day

Cardinal 2  
Clover

Information 3  
Corner

4-H'er 4  
Activity

#### 4-H CALENDAR

MAY 19

FAMILY FUN FEST  
CHICKAHOMINY  
RIVER PARK

JUNE 19—21

4-H CONGRESS  
VIRGINIA TECH

JUNE 23

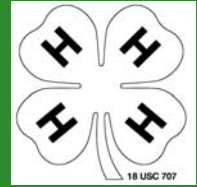
COUNTY FAIR  
CHICKAHOMINY  
RIVER PARK

JUNE 25—29

JUNIOR 4-H  
CAMP

JAMESTOWN 4-H  
CENTER

# CLOVER PATCH



VOLUME 1, ISSUE 5

MAY/JUNE 2007

## 4-H Teens Prepare For Summer Camp

Thirty-three teens from James City County and Essex County participated in a teen and adult leader training for summer camp in April. Participants gathered for a weekend of learning, fun, and planning at the Jamestown 4-H Center. Participants used role-playing scenarios to practice their skills in dealing with common situations faced at camp. In addition, participants learned about the roles and responsibilities of the camp counselor, ages and stages of camper development, how to manage camper behavior, diversity, and risk management. Teens shared that they felt important characteristics of the camp counselor are to be patient, understanding, and a positive role model.

Counselors brainstormed activities for programs for camp, designed the camp t-shirt and developed the theme "Sunny Side Up" for the 2007 James City/Essex 4-H Junior Camp. Teen and adult leaders will continue training and practicing for situations such as how to deal with homesick campers and what to do in the event of a thunderstorm until camp begins on June 25.



Above: Teen and adult leaders prepare for their roles as camp volunteers for the 2007 James City/Essex 4-H Junior Camp.

## Club Spotlight: Dragonfly Cloverbuds

The 4-H Dragonfly Cloverbud Club completed their annual community service project in April. The club organized a book and toy sale. They raised \$731 for Operation Smile. The money raised will pay to perform three operations. They also donated items to F.I.S.H, Spirit of Giving, Relay for Life, DAV and the Matoaka Elementary Library.



Pictured (left to right) - Rylee Worstell, Alexa Williams, Jared Williams, Macy Worstell, Erin Ciccone, Madison Kolda. The 4-H Dragonfly Cloverbud Club was made an honorary medical mission team by Operation Smile. Great work and many thanks to the club members, leaders, and parents of the Dragonfly Cloverbud Club for making this project a huge success!

4-H Dragonfly  
Cloverbuds

Virginia Tech  
Invent the Future

Virginia Cooperative Extension  
A partnership of Virginia Tech and Virginia State University  
www.ext.vt.edu



VIRGINIA STATE UNIVERSITY

Virginia Cooperative Extension programs and employment are open to all, regardless of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, or marital or family status. An equal opportunity/affirmative action employer. Issued in furtherance of Cooperative Extension work, Virginia Polytechnic Institute and State University, Virginia State University, and the U.S. Department of Agriculture cooperating. Mark A. McCann, Director, Virginia Cooperative Extension, Virginia Tech, Blacksburg; Alma C. Hobbs, Administrator, 1890 Extension Program, Virginia State, Petersburg.

## Celebrating National Youth Service Day

James City County 4-H partnered with James City County Parks and Recreation Youth Programs to install an America's Anniversary Garden to commemorate the first permanent English settlement in America. Participants from the STRIVE and Beyond the Bell programs learned horticulture landscaping skills from the Junior Master Gardener Curriculum. Youth learned about landscape planning, design, installation, and maintenance. To put their newly learned knowledge to work, participants used red, white, and blue trees, shrubs, and flowers to plant a garden at the James City County/Williamsburg Community Center. Cooke's Gardens was a generous supporter of this program and provided the plants for this project.



Above: Youth water flowers after the planting of an America's Anniversary Garden.

The Cardinal Clover 4-Her demonstrates qualities of character including respect, fairness, caring, trustworthiness, responsibility, and citizenship.



Above: Youth install a fringe tree and other red, white, and blue shrubs at the James City/Williamsburg Community Center.



Above: Youth proud of the fruit of their hard work after installing a garden for National Youth Service Day on April 19, 2007..

## Cardinal Clover 4-H'er

Frank Stolba, a Freshman at Jamestown High School, is a long-time 4-H camp participant. Frank has attended 4-H camp with James City County for the past three years. Frank has been selected as 2007 4-H Junior Camp Counselor. He has completed training in counselor roles and responsibilities, ages and stages of development, risk management, diversity, and managing behavior. Frank is a member of the Jamestown 4-H Center Key Club and tutors at Rawls Bryd Elementary and Berkeley Middle School. Frank says that he loves camp because it is an opportunity for him to meet new people. He enjoys participating in fun events and activities at camp such as group games, canoeing, and swimming in the "ool." Frank is excited about the opportunity to learn how to care for youth while serving as a camp counselor. He is eager about taking on his role as camp counselor and taking on the challenge of making sure all campers feel included and have fun while ensuring everyone stays safe.



Above: Frank Stolba, Cardinal Clover 4-Her.

# INFORMATION CORNER

## 4-H Summer Day Camps

Virginia Cooperative Extension - James City County 4-H is partnering with James City County Parks and Recreation to provide specialty day camps for youth. Youth may register through James City County Parks and Recreation at [www.jccegov.com/recreation](http://www.jccegov.com/recreation).

**Leadership Camp: Step Out-of-the Box and Be a Leader!** (ages 12-15) - teams aren't just for sports! Build self confidence, self esteem and life skills through problem solving and teamwork. This is an action-packed way for you to step out of the box and learn how to think independently and work with your friends to achieve a common goal. Participants should dress for some outdoor activities.

870652-A    JCWCC    T-Th 9am-1pm    7/17-7/19



**Lego Robotics Camp** (ages 12-15) - Lego Robotics camp promotes essential workplace skills in youth. Students will explore teamwork, collaboration and disaster management while learning to appreciate science and technology. Youth will also learn to build structurally sound Lego Robots as well as how to program these robots. The camp introduces basic Robotic concepts such as structure (Robot) stability; motor attachment and control; touch, light and rotation sensors; and basic programming using ROBOLAB Problem Solving (or disaster management). This day camp encourages youth to pursue opportunities in science, technology engineering and math.

870651-A    JCWCC    M-W 10am-2pm



**Junior Space Explorers** (9-13 years) - The awesome experience of flying an airplane, launching a rocket, conquering space and becoming an astronaut or pilot comes alive as youth explore Aero-space Adventures. Through fun and challenging activities youth learn about flying, kites, hot air balloons, rockets, and space exploration as they develop important life skills. Junior Space Explorers is an aerospace adventure day camp offered in partnership with Virginia Cooperative Extension 4-H.

800893-A    JCWCC    M-Th 9am-4pm    7/30-8/3



**Natural Wonders:ABC Discovery Tour** (ages 5-8) – from seashells to pinecones, birds to butterflies, turn a walk into a fun learning adventure! Create secret snack recipes that are delicious to eat! Interactive games and diverse arts and crafts help kids discover the wonders of nature! Participants learning will come alive by experiencing first-hand a variety of fun learning opportunities! Participants should dress for some outdoor activities.

870723-F    UCP    T-Th 10am-1pm    8/21-8/23



# 4-H'er Activity Corner - Exploring Landscape Horticulture

When planning a landscape it is important that you make selections of plants that match. To select plants with matching colors use a color wheel. Colors that are across the wheel from each other are complementary colors and look good together. Using the color wheel to find complementary colors, (colors that are opposite each other on the wheel - ex. blue & orange) color in the plants to match.



Adapted from: *Junior Master Gardener Level I Curriculum, Chapter 5, Horticulture Landscape. Texas Cooperative Extension, The Texas A&M University System.*

## Virginia Cooperative Extension James City County Office

FOR MORE 4-H INFORMATION  
CONTACT:

Jeremy Johnson



Associate Extension Agent, 4-H Youth  
Development

3127 Forge Road

P.O. Box 69

Toano, VA 23168

Phone: 757-564-2170

Fax: 757-566-8413

### 4-H Pledge:

*"I pledge my head to clearer thinking,  
I pledge my heart to greater loyalty,  
I pledge my hands to larger service,  
I pledge my health to better living,  
for my club, my community, my  
country, and my world."*



To submit pictures or information about  
your 4-H club or projects, email Jeremy  
Johnson, Associate Extension Agent, 4-H  
Youth Development at [jejohns1@vt.edu](mailto:jejohns1@vt.edu).

### 4-H Motto:

*"To Make the Best Better."*

### 4-H Philosophy:

*"Learn By Doing"*

**4-H is a community of young people  
across America who are learning  
leadership, citizenship, and life skills.**

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Jeremy Johnson, James City County at (757) 564-2170/TDD\*) during business hours of 8 a.m. and 5 p.m. to discuss accommodations 5 days prior to the event. \*TDD number is (800) 828-1120.