

VIRGINIA COOPERATIVE
EXTENSION
JAMES CITY COUNTY
OFFICE

INSIDE
THIS ISSUE:

4-H Visits	2
Colonial Downs	
Cardinal Clover	2
Information Corner	3
4-H'er Activity	4

4-H CALENDAR

SEPT. 14—17

STATE 4-H
HORSE SHOW

SEPT. 24

CELEBRATION
OF CULTURALS

CHICKAHOMINY
RIVERFRONT PARK

SEPT. 28—OCT. 8

VIRGINIA STATE
FAIR

SEPT. 30

STATE 4-H DOG
SHOW

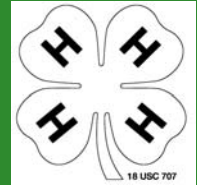
OCT. 1—7

NATIONAL 4-H
WEEK

OCT. 13—15

STATE 4-H
SHOOT

CLOVER PATCH

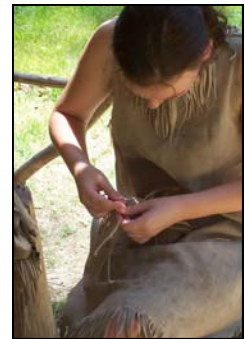


VOLUME 1, ISSUE 2

SEPTEMBER/OCTOBER 2006

4-H Peer Teacher Program

The Jamestown 4-H Peer Teacher program at the Jamestown-Yorktown Foundation allows youth to learn about history and interpretation, by working in costume and assisting visitors with hands-on activities. Fifteen youth, ages 13—16, portray the lives of Native Americans and Colonists in Powhatan's Plantation, James Fort, and on the *Susan Constant, Godspeed, and Discovery* at Jamestown Settlement. 4-H Peer Teachers may also portray the lives of Colonial Soldiers and Farmers at the Yorktown Victory Center. Youth are invited to apply for the six week summer program in early February of each year. Pictured below (far left) is Andrew Dydak as a Ship's Boy, (middle) Elliott Schumacher as a Blacksmith's apprentice, and (far right) Lauren Schumacher weaving in Powhatan's village.



Club Spotlight: Furry Friends

The 4-H Furry Friends - Pet Pals Club ended its second successful year. The 24 member 4-H club donates their time and licensed therapy dogs to any person or organization that needs a smile. The 4-H Furry Friends club visited Patriot's Colony, Dominion Village, Morningside, Tandem, Avalon, the Williamsburg Holiday Parade, and Bark in the Park.



**Furry Friends
Pet Pals**

Pictured to the left are (front) Kelsey Diehl—Historian, Sydney Giblin—Vice President, Kaitlin Edwards, (middle) Marissa Freeman, Erin Giblin - Reporter, Veronica Lewis, Jordan Chapman, Lucas Freeman, (back) Suzanne Morgan, Emily Corlett, Katy Dowing—Attendance Officer, Addie Hartt—Treasurer, Juliet Giblin—4-H leader.



VIRGINIA POLYTECHNIC INSTITUTE
AND STATE UNIVERSITY

www.ext.vt.edu

Virginia Cooperative Extension programs and employment are open to all, regardless of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, or marital or family status. An equal opportunity/affirmative action employer. Issued in furtherance of Cooperative Extension work, Virginia Polytechnic Institute and State University, Virginia State University, and the U.S. Department of Agriculture cooperating. Mark A. McCann, Interim Director, Virginia Cooperative Extension, Virginia Tech, Blacksburg; Alma C. Hobbs, Administrator, 1890 Extension Program, Virginia State, Petersburg.



VIRGINIA STATE UNIVERSITY

Horse Clubs visit Trainer at Colonial Downs

Twelve members of the Cedar Valley and Rhythm Rider's 4-H Horse Clubs visited a trainer at Colonial Downs. 4-Her's watched horses breeze (to sprint around the racetrack as a means of exercise) about the track in New Kent County. The group learned about the typical day of a race horse including exercising, feeding, and grooming. During a tour of the stables, a jockey spoke to the 4-Her's about how she began her professional career. 4-Her's learned that the average training day begins around 4:00 a.m. and finishes around 11:00 in the morning. Horses travel with their trainer and staff throughout the year to Virginia, Florida, Maryland, and other states. The youth learned that horse training is a challenging and dedicated career. Thank you to the Cedar Valley Horse Club for organizing this wonderful trip.



Above: Cedar Valley and Rhythm Rider's 4-H Horse Club members at Colonial Downs Horse Track.

The Cardinal Clover 4-Her demonstrates qualities of character including respect, fairness, caring, trustworthiness, responsibility, and citizenship.



Above: 4-H'ers take a moment to show a race horse attention and compassion.



Above: 4-H members learn first hand the experiences of a professional jockey.

Cardinal Clover 4-H'er

Bethany Farrell, daughter of Peter and Geri Farrell, was elected as Northeast District Ambassador of the State 4-H Cabinet at the 2006 State 4-H Congress. In this position, Bethany will attend state-level meetings and represent all 4-Her's from the Northeast District. The State 4-H Cabinet will also be instrumental in planning the 2007 State 4-H Congress. This will certainly not be the first leadership role Bethany has served in. Among many things, Bethany served as secretary for the Making Waves teen leadership club in 2006. When asked how to define leadership, Bethany said, "Leadership involves not only taking the lead, but also being able to serve others. Leaders do what is best for the group and think of others over themselves." Bethany became involved with 4-H as a camper at Jamestown 4-H Center. She has served as a counselor for several years and hopes to be a part of summer camp staff after graduation from high school. Bethany reported, "During the summer after sixth grade, I signed up for 4-H camp not knowing what I was getting myself into. I love 4-H. Through it, I have made wonderful friends and have learned many things about myself. The most important thing 4-H has taught me is you have the most fun when you just be yourself." The James City County 4-H Program wishes Bethany the best of luck in her current position as Northeast District Ambassador and with her Senior year of high school.



Above: Bethany Farrell, Cardinal Clover 4-Her.

INFORMATION CORNER

James City County 4-H Clubs

CLUB	AGES	MEETING DAY & TIME	MEETING PLACE
Hawks 4-H Cloverbud Club	5-8	2nd Wednesday, 6:30 PM	Various sites
Cedar Valley 4-H Horse Club	9-18	2 nd Sunday, 3 PM	Cedar Valley Farm or leader's home
Rhythm Riders 4-H Horse Club	9-18	1 st Sunday, 4:30 PM	Stonehouse Stables or leader's home
4-H Afterschool Clubs (w/ Parks & Rec)	9-11	Weekly, during afterschool program, should begin fall '06	Elementary schools
Animal Science Club	9-18	2nd Monday, 6:30 PM	EOC Bldg. or leader's home
Making WAVES 4-H Club	14-18	One evening per month, 6:30 PM, plus volunteer activities as needed	JCWCC and around the community
Burnt Ordinary 4-H Club	5-18	Most Wednesdays, 5:15 PM	Burnt Ordinary Apartments
Youth Sewing Club	9-15	Weekly, 4:30 PM, 4-5 weeks per project, 3 projects per year	EOC Bldg.
4-H Garden Club	9-11	Mondays, 3:45 PM	James River Elementary
Furry Friends 4-H Club	9-18	1 st and 3 rd Wednesdays	Jamestown 4-H Center

19th Annual NRA Youth Wildlife Art Contest

The NRA is now accepting entries for its 2006 Youth Wildlife Art Contest. The contest, the 19th in the annual series, is open to students in grades 1 through 12 (including home-school children). NRA membership is not required.

Entries may be submitted in one of four categories, based on school grade (1-3; 4-6; 7-9; & 10-12). Entries may portray any North American game bird or animal that may be legally hunted or trapped. Endangered species and non-game animals, such as eagles and snakes are not eligible subjects.

Contestants are limited to one entry each. Submissions should be on good quality bond or drawing paper, or illustration board. Preferred sizes are 8 1/2" x 11" or 11" x 14. 1st place winners will receive \$500, 2nd place \$250, and 3rd place \$100 for each grade category.

Submit entries to the Virginia Cooperative Extension, James City County office no later than 5:00 p.m. on Friday, September 29. For more information contact Jeremy Johnson at jejohns1@vt.edu.

4-H'er Activity Corner - Exploring Poultry

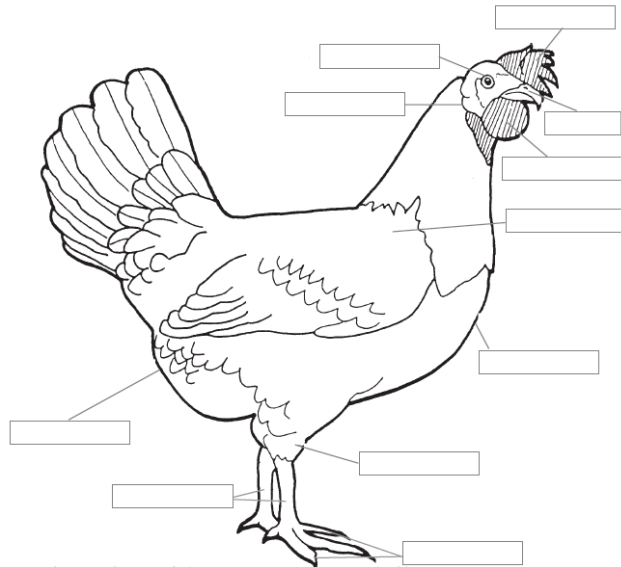
Discovering the World of Poultry

Learn more about the parts of the chicken. Use the word bank below to find the hidden words. Then use a dictionary or the internet to define each part of the chicken. After defining each word, label the parts of the chicken using the provided picture.

S M A S V B Z S T C
 D E W L I H H Z S D
 C P L E B O L R A E
 I O U T U C S P E Y
 D T M L T K R D R P
 T U D B N A T F B N
 U E X A M O W Z A M
 R E H B E A K E X Z
 H S Y S T N E V V A
 Q V B E E O X I W I

WORD BANK

BEAK	BREAST	COMB
EARLOBE	EYE	HOCK
SHANKS	SHOULDER	TOES
VENT	WATTLES	



Graphic adapted from University of Illinois Extension 1999
<http://www.urbanext.uiuc.edu/eggs/pdfs/chickenparts.pdf>

Virginia Cooperative Extension James City County Office

FOR MORE 4-H INFORMATION
 CONTACT:

Jeremy Johnson



Associate Extension Agent, 4-H Youth
 Development

3127 Forge Road

P.O. Box 69

Toano, VA 23168

Phone: 757-564-2170

Fax: 757-566-8413

4-H Pledge:

*"I pledge my head to clearer thinking,
 I pledge my heart to greater loyalty,
 I pledge my hands to larger service,
 I pledge my health to better living,
 for my club, my community, my
 country, and my world."*



To submit pictures or information about
 your 4-H club or projects, email Jeremy
 Johnson, Associate Extension Agent, 4-H
 Youth Development at jejohns1@vt.edu.

4-H Motto:

"To Make the Best Better."

4-H Philosophy:

"Learn By Doing"

**4-H is a community of young people
 across America who are learning
 leadership, citizenship, and life skills.**