

Gau-Gau: 4-H's Favorite Sport

By: Michael Brackney, Hamed Barbarji, and Andrew Suggs



Gau-Gau, it's a sport that kids can only play at 4-H one week each year in the gau-gau pit. Though many campers play this sport, what is gau-gau and what are the rules? First, the rules. You must try to hit an opponent's shin, calf or foot. While

you have the ball you cannot lift it off of the ground. You can only toss the ball with one hand, but can block with two. No touching the ball twice in a row unless it touches the wall or someone else touches the ball. If two or more people are touching the ball with their hands for more than five seconds they are all out! Also if you launch the ball from the ground and it doesn't hit anything it is called a scoop and you are out.

4-H Motto:

"To Make the Best Better."

4-H Philosophy:

"Learn By Doing"

4-H is a community of young people across America who are learning leadership, citizenship, and life skills.

E³ = Enthusiastic Evening Events

By: Hannah Hylton and Elizabeth Haile

As you know there were many totally awesome events that happened every evening this week. On the second day we had our 4-H ool party and everyone was in the water. There was music and dancing too. They played different types of music from YMCA to DON'T STOP THE MUSIC. We had an awesome ool party!!! On the third day we had the dance. We had wicked awesome music, and everyone attended. We had teens, campers, and staff partying on stage.



Afterwards we had very satisfying cold dessert, ice cream. We loved the dance. On the fourth day we had an out of this world carnival. First, we had an amazing magician perform his super amazing tricks. After the magic show everyone split up and went to different stations such as snacks and spinning bikes. Also 4-H did something new, VIDEO GAMES!!!! The three games were DANCE-DANCE REVOLUTION, ROCK BAND, and Wii BOWLING. Don't forget the carnival games!!! We had soooooo much fun this 2008 4-H week.

4-H Camping is S'more than Fun!



More than 134 James City youth ages 9 - 13 attended the annual 4-H Junior Camp at Jamestown 4-H Educational Center during June 23 - 27. Camping participants developed leadership, citizenship, and life skills through educational programming in model rocketry, archery, marine science, LEGO robotics, challenge course, canoeing, kayaking, yoga, and many other classes. Twenty-eight teen volunteers and 12 adult volunteers completed substantial training and volunteered more than 5,000 total hours to make the event a success. For more information contact Virginia Cooperative Extension, James City County, Jeremy Johnson, 4-H Youth Development, at 757-564-2170.

Firing Up the Spirit

By: Alyssa Garrow, Grace Thiesse, and Astyn Fair

The 4-H packs are buzzing with enthusiasm about the rivalry and traditional fun during the campfires this week. Our packs and campers have been working hard to earn the Spirit Stick (a traditional stick in which each winning team will get to paint on). The winning team's little clover will take the Spirit Stick home as a memory of camp.



Alyssa Garrow, Little Clover of the Dolphin Pack, holding the Spirit Stick

At each campfire, a special "visitor" comes to award the Spirit Stick and say which pack wins 1st, 2nd, and 3rd place from how many notches they have won. They are also judged on their citizenship, loyalty, and teamwork.

Each team comes together every night at the great campfire circle to perform songs, skits, and cheers and to celebrate the wonderfulness of the Jamestown 4-H camp center.

Everyone has been very helpful and have worked hard on making this the greatest experience at 4-H and have made this year the greatest year ever!!!

A Different Kind of Summer Class

By: Jackie Hecker and Alexandra Walther



Model Rocketry



Riflery



Yoga



Canoeing



Outdoor Living Skills



Challenge Course



Fishing



Kayaking